Staying close whatever the distance...

Past Issues



Omarama Gazette



The Daily Wire

Keeping us connected

Sunday, March 29, 2020

In this issue...

Some light at the end of the Covid-19 tunnel; The Garden Dairy; Today's diary entry; and todays notices, plus some old ones you might need to keep handy.

Hi everyone

- scroll to the end for email order instructions and forms for Four Square, instructions from Kurow Medical Centre and info from the Waitaki District Council.

Let's stay close whatever the distance - Ruth

Light at the end of the Covid-19 tunnel

Update from Glide Omarama

Glide Omarama is now shuttered down and isolated and the unfortunate glitch with the Civil Aviation Authority is behind us. The plan is that towing and training services at Omarama will reopen in September, subject of course to lockdowns and a degree of economic recovery. **Past Issues**

hope to see you again on the Airfield next season! Please follow us on <u>Facebook for</u> updates.

Gavin Wills, Glide Omarama 29 March 2020





Click here to message, contribute, or subscribe to the Daily Wire.

Here is the link to the Government's one stop shop for all things Covid-19 <u>https://covid19.govt.nz/</u>

https://mailchi.mp/7e77399f9b71/the-daily-wire-29-march-2020-4003697?e=7156bf6cb7

The Noticeboard

A MESSAGE FROM WASTECO MANAGING DIRECTOR CARL STORM

Put gloves on before you move your bins and wash your hands thoroughly after you move them.

The handles can be a coronavirus hot-spot and must be treated like any other surface, doorknobs, stair rails etc.

Here is the link to the website for other updates about services.

PLAYGROUNDS ARE CLOSED

To prevent the spread of the virus all playgrounds are closed - this includes the school playground. This is because the disease can be spread on hard surfaces like swings and slides.

CORRECTION TO PREVIOUS: The Omarama Golf Club course is closed.

OMARAMA AND OTEMATATA RESOURCE RECOVERY PARK

Omarama open: Wednesday and Sunday - 9am to 11am

Otematata open: Wednesday and Sunday – 1pm to 3pm

Household rubbish: Only bags of household/domestic waste and essential commercial waste will be accepted. There will be no charge for bags, however, there is a **limit of two bags per car, per week** (car registrations are recorded to monitor this).

Commercial rubbish: commercial waste from current account holders will be accepted with no gate charge, and invoiced later.

To safely manage these facilities under current circumstances and to protect the facility operators' wellbeing, please note the following conditions for using this service over the next four weeks:

• No recycling (either clean and store at home, or dispose of as rubbish)

- No green waste
- Place all waste in the marked area
- One person out of a car at any one time only
- Please do not talk to the booth operator
- Please leave promptly

And please, do not enter a recovery park if you are unwell, have travelled outside of NZ in the last 14 days; or have been in close contact with someone with a confirmed or suspected case of Covid-19. Thank you!

Essential services operating in Omarama:

Omarama Four Square (see below for how to place an order) The service stations Firewood supplies Rock gas supplies

Omarama Veterinary Clinic

" The veterinary professional has been given an official 'essential service' status and therefore will continue to be able to supply seasonal requirements. We have had assurance from suppliers that there will be no issue with supply (or logistics), so we would urge everyone that there is no necessity to stock up or forward purchase. When you do visit our clinics you may be met at the front door to ensure that we regulate the number of people in the building at any point in time. Phoning ahead can

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veterinary based tasks will be considered essential over the next four weeks. Regards

Veterinary Centre Ltd – Management Team



Omarama Four Square | 10 Chain Hills Highway | Omarama 9448 | Phone: 03 438 9895

New hours: Open seven Days, 9am to 6pm

Following the recent Government announcement and our ongoing efforts to ensure the safety of our local and wider community, and our staff and their families - we offer the following options regarding your grocery requirements – should you be unable to, or simply prefer not to shop personally during this time of uncertainty.

- 1. Email order and collect
- 2. Email order and delivery (within the township).

This service is available Monday – Friday Please send orders to - **omarama@foursquare-si.co.nz**

Emailed orders need to be received by 4pm (Sunday – Thursday) for delivery/collection Monday-Friday between (10am-12pm). **Please refrain from phoning through orders.**

Please find attached a template grocery order form to be completed, which on receiving – our team will put together for you – for either collection or delivery. At this stage, communication indicates stock levels of core lines are being maintained,

however further updates may see some non-essential lines reduced - alleviating unnecessary pressure on deliveries/transportation of goods.

Options for payment:

- 1. Charged to existing account
- 2. Payment by direct credit
- 3. Payment on collection

Any significant updates affecting this current service will be communicated.

Stay safe everyone. From Alona and Blair, and your Four Square team

There are two ways to access the order form...

(In both cases the completed form must be emailed

to: omarama@foursquare-si.co.nz)

Subscribe P

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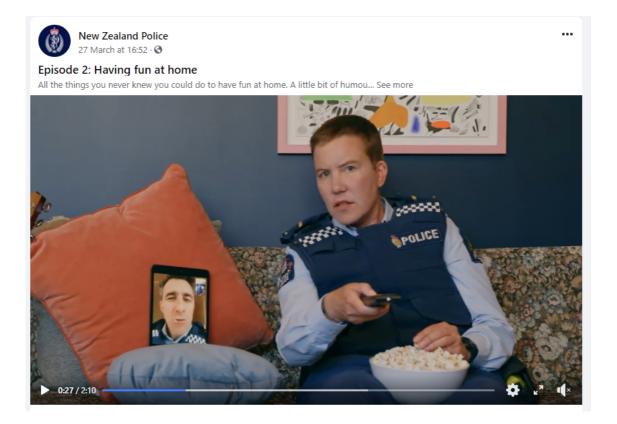
* save it to your computer.

* type in your order, save it, attach it to the email and send.

2. Click <u>here</u> to open the form as a PDF.

- * download the form and save it to your computer
- * print it
- *write your order on the form
- *scan it or photograph it, attach it to the email and send.

Together at home - oooh, there's rude words in this!



Our Coronavirus Diary - Day Four

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By Michelle Kitchen

You don't feel how blessed you are to be living in such a beautiful part of the country like Omarama until you realise how hard some people must be doing. Life is going on as normal for most of us, many of us take self-isolation in our stride, not mixing with our mates at the pub or having coffee with our friend's is a small price to pay for our health & the country's health. Keep safe, cheers Michelle

Dear Diary,

Hi, my name is PK Kitchen, some people cruelly call me grumpy face but right now I couldn't be happier.

You see, lately there have been lots of loud noises and general disruption to my day as my dad (Neville) has been putting in new big windows in our lounge.

My couch had to be stored in the garage when there was a big hole at the end of the lounge wall, mind you I had the ultimate in-door out-door flow to come and go as I pleased, and no more trying to navigate that silly thing my mum calls a cat door. The noise was so loud at times that when my dad yelled "NOISE", my mum

(Michelle) and I had to leave the room which was most inconvenient especially if it was near my dinner time as that meant it was going to be late. I had to go and find other places to avoid all the noise.

If I was really lucky the linen cupboard door might not have been shut properly and if I was really clever I could open it and hide inside on the towels. My mum growls if she finds me in there.

The other place I can get away with for a little while is up on the bed behind those hundreds of pillows and cushions that my mum has on the bed. My mum also growls if she finds me there but the telling off is worth it just for the bliss of sleeping in peace and quiet for a while on her lovely white linen.

But now we are back to normal, well nearly, as we have no new carpet for me to try out.

But I can manage – a small price to pay for a new big window to lie in front of on those cold winter days. I hear your plight Lizzy Dawson; I would invite you around to share my window if you were allowed come and visit.

Lately I have been hearing my mum and dad say new words like "Lock Down', "Stay

Past Issues

ехегстве апо до апо спеск тле таптов with піпт.

My mum said my dad has to paint the house during 'Lock Down', think I will go and lend him a tail if I have time.

Cheers for now, by the time you read this my mum and dad will be on the couch with me and if I am very, very lucky my mum will have her new white dressing gown on. I like to sit on her knee, I have to sit very still and not lick myself while sitting on my mum's knee or she kicks me off.







The Garden Diary

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I'm gonna let it shine

If you think it ain't easy being green, you ought to try being orange. Orange in the garden is the colour that divides.

People seem to either love it or hate it.

It is a standout in all its hues and tones – apricot, tangerine, marmalade, pumpkin, terracotta, rust, bronze, the colours of the bookends of the day - sunrise and sunset.

Orange is more laid-back than red, it seems more 'mindfully' happy than yellow - is that joy?

Maybe, being not so easy to love, it is wiser?

People say orange represents enthusiasm, fascination, creativity, determination, encouragement.

I'm going to go out on a limb and say, right now, we all need a splash of orange in our lives - some great old dollops of it, in fact.

The 'lock down' – how I hate that word – has brought us all home. The garden seems to have reached out in welcome, to give us all the hugs we can't.

The second flush of the climbing rose Crepuscule – which means twilight, dusk – is arching up over the stormy skies.

Calendulas are popping up everywhere like the puppy at my feet, bouncy and begging me to stop and play as I walk out to get the veggies and herbs for dinner. The petals, like the sunshiny yellow of mid-summer, are long gone from all the once-flowering roses. Hips are ripening and brightening throughout the garden and across the hills on the briar.

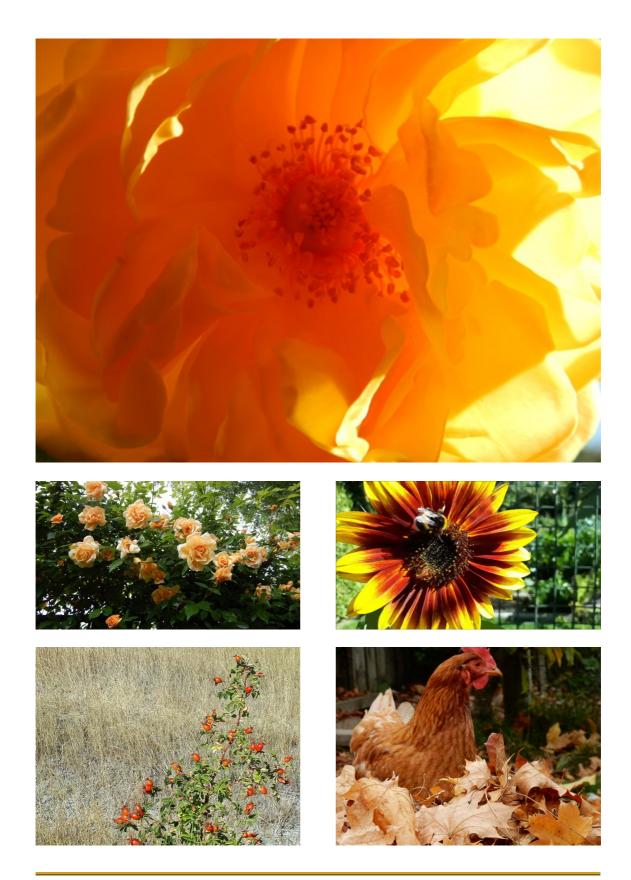
Bees of all varieties are busying themselves across the rusty sedums and mahogany sunflowers, preparing, too, to hibernate.

And my Christmas chooks – the three French hens – chatty Madeleine, reserved Genevieve and oh-so-pretty Claudette, are fossicking in the mulch and dashing after bugs as the leaves come tumbling down.

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Rum Grunuy

(I garden a small space under a big sky in Omarama)



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Kurow Medical Centre and its satellite clinics in Twizel (Mackenzie Health Centre Private Clinic) and Omarama (Community Hall)

IMPORTANT ANNOUNCEMENT FROM KUROW MEDICAL CENTRE AND MACKENZIE HEALTH CENTRE.

In order to reduce the spread of COVID-19 and to protect our vulnerable at-risk patients we have been asked by the College of General Practitioners to only see patients at our clinics if they really need to be seen.

For all other appointments, we will now do these via telephone OR virtual Consultations (for this you will need a computer, laptop or smart phone so we can send you a link to download). All screening appointments i.e. Health Heart Checks, Diabetic checks, Cervical Smears etc. will be rescheduled for a later date.

PLEASE DO NOT COME TO THE MEDICAL CENTRE (OR OMARAMA COMMUNITY CENTRE ON TUESDAYS) UNTIL YOU HAVE PHONED AHEAD FIRST! WE HAVE BEEN ADVISED TO TAKE THE PRECAUTION OF LOCKING THE CLINIC DOORS!

Call 03 436 0760 or 03 976 0503 to speak with the Doctor or Nurse. Please be reassured you WILL be seen if your condition is urgent!

Our aim is to bring in patients one at a time from their cars. Flu shots are now in and will still be given to patients who are eligible but this will now take place outside the clinics and preferably whilst you are sitting in your car.

Again phone ahead first to arrange a time with the nurse. Thank you for your understanding during these difficult times.

Take care and keep safe, Juliet and Tim.

8 Wynyard St, Kurow P: 03 4360760 F: 03 4360780 E: info@kurowmedicalcentre.org.nz W: www.kurowmedicalcentre.org.nz www.facebook.com/kurowmedicalcentre

Omarama Clinic at Omarama Community Centre, Chain Hills Highway, Omarama. Phone: 03 4360 760, Cell: 027 434 7464.

Waitaki District Council update

Update 4pm, Sunday, March 29.

PUBLIC TOILETS

Past Issues

Some public toilets are open for essential services workers. All other facilities are closed. *The message is 'go before you go out'.* In Omarama and Otematata the accessible units are open.

The Waitaki District pandemic response information page is here: <u>https://www.waitaki.govt.nz/our-services/emergency-management/Pages/pandemic-response.aspx</u>

The Waitaki District Council facebook page is here

www.waitaki.govt.nz

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Visit the dedicated Pandemic Response Page on our website: www.waitaki.govt.nz

Message from the Mayor



"May you live in interesting times." This ancient quote which is an ironic curse, seems to be an appropriate one for us in the current situation. These are indeed interesting times!

Life has changed significantly for many of us, and we will have to adapt to it. For others who have been housebound or have limited mobility, sadly it may be more of the same. But for all of us, this is a time to step up and take responsibility for ourselves, and the people around us.

Please remember to stay connected to friends and family. Even though you can't visit them, you can still phone them on landlines.

or contact them electronically. Keeping connected to other people is more important than ever, and it's necessary for most people's mental health. I'm looking forward to having a little more time to 'Facetime' with my extended family, using video chat whenever possible to see how everyone is.

Please make the most of the month ahead of us, and please take care of yourself and your family. These are interesting times, and we all have the ability to make them positive times. Best wishes

Gary Kircher, Mayor for Waitaki

How to self isolate

ALL NEW ZEALANDERS who are outside essential services are asked now to stay at home, and to stop all interactions with others outside of those in your household. You can leave your home for fresh air, a walk, exercise, to take your kids, or the dog, outside but only spend time with those you are in self-isolation with. If you are outside, keep your distance from others. That means 2 metres at all times. Try not to touch any surfaces. If you do, wash your hands.



Essential Services are still running

Supermarkets, doctors, pharmacies, service stations, and access to essential services like banking, power, communications, postal services will all be available throughout New Zealand at every alert level.

If you do not have immediate needs, do not go to the supermarket. It will be there for you today, tomorrow, and the day after that. We must give time for supermarkets to restock their shelves, there will be enough for everyone if we shop normally.



Be kind. Check-in on the elderly or vulnerable

Now's the best time to start yelling over the fence at your neighbours! Swap phone numbers. Think of ways to keep people who aren't online in touch. Think about dropping supplies to those at home sick or that can't make it out just remember good bygine and leave at the door or an agreed spot. Always stay 2 metres apart or more.



Need financial support?

Don't wait! Apply now. Visit www.covid19.govt.nz for info on how to access the government's economic response package or phone the Ministry of Social Development on 0800 599 009.

Need Help?

The Waitaki District Council call centre will remain open: 03 433 0300 For health advice call your GP, or Healthline on 0800 358 5453 Stressed? Call or text: Need to talk? 1737 This service is free, available

24 hours a day, 7 days a week

Womens Refuge: 0800 733 843 Youthline: 0800 376 633

Age Concern Otago Waltaki: 021 0234 5882

Whitestone Taxis & Post (transport, delivery): call 0800 434 1234

How we're updating you

On our website, well post updates on Facebook and Twitter, broadcast updates via Re Radio 104 every morning (plus send updates to other stations). If you live in the Waitaki Valley check the Omarama Gazette. In Palmerston listen to Happy Days Radio and Puketapu Radio. We are also finding ways to reach those of our customers who might not. use these channels and get print material out to them. Stay safe, everyone

www.waitaki.govt.nz

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Unite

Changes to Council Services

Our offices are close to the public but Council is still operating and focused on delivering essential services during this time.

Our call centre will remain open 03 433 0300, you can email us too at service@waitaki.govt.nz

Building

The Daily Wire

No building Inspections will be undertaken. Proceeding with uninspected building work will Proceeding with uninspecta of drining work will utimately delay a project and limit our ability to provide Code Compliance Certification. Please be patient and delay your building work until after the alert levels are reduced. If there are any safety concerns with respect to Building/Construction, contact Council for further guidance.

Rubbish and Recycling

Waitaki Resource Recovery Park is closed. If you don't currently have a kerbside rubbish collection service, please call one of the following businesses directly to organise this - Awamaa bins on 03 434 9445; WasteCo on 0800 341 1111; or Waste Management on 03 434 0031.

Our rural Transfer Stations and the Palmerston Landfill will continue to be open for rubbish drop-off but with limited opening hours and restrictions. Check our website for idetails.

Recycling isn't an option for hygiene reasons - please clean and store or treat as rubbish.

Council Facilities

Parks

All playgrounds are closed for hygiene reasons. When using the open spaces of our parks and reserves please follow social distancing guidelines.

Cultural Facilities

Oamaru Opera House, Forrester Gallery Waitaki District Archives and North Otago museum are closed. Check the Culture Waitaki website for updates.

Waitaki Aquatic Centre

The Aquatic Centre is closed. All pre-payments have been automatically frozen for all customers (swim school & squad). Expiry dates on concession cards & memberships will also be extended.

Waitaki District Libraries

Libraries are closed but online resources including e-books, press reader, story box and movie streaming are available from the Library website Please keep al library items in your home until Libraries are open again. No overdue fines and fees will be incurred.

Camping Grounds

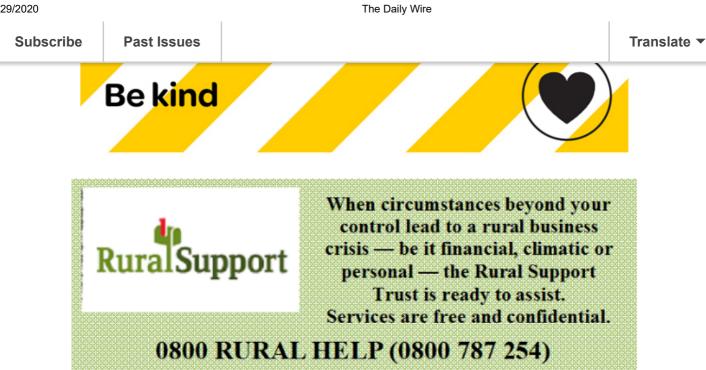
All WDE camping grounds are closed. Our Camp Manager will endeavour to facilitate collection of units if necessary - phone 027 6866 901. Otherwise units may stay on site until it is publically advised that the grounds are open for collection of units again



Other places to find support

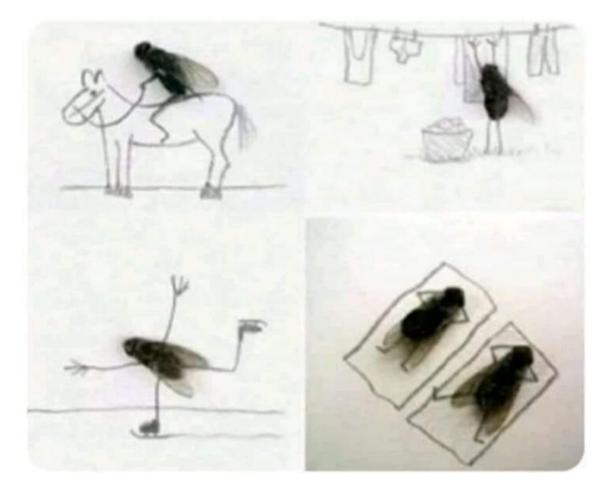
- click below to go to websites





Lockdown goals :)

dead fly.



Stay tuned...catch you again tomorrow :)

Housekeeping...

Please share this email and encourage others to subscribe if they need to get Omarama notices.

I apologise, I am not able to print copies at the moment. Perhaps, those who can could print one off for someone they know who would appreciate it?

Please feel free to contact the Daily Wire and share your 'day in the life of Covid-19', or phone and I'll take down your words. Send photo's videos, whatever you find easy. Let's share.

Please get in touch if you have a message you want to get out to the community. I won't be giving advice because I'm no expert.

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Tor all things Covid-19- related <u>https://covid.19.govt.nz/</u> (There are daily updates, check it out.)

<u>Radio New Zealand</u> is the best radio station to tune to for the latest updates, or check its site for news.

If you know of someone who is not getting these emails and they are on the 'local list' it could be because some servers believe these messages are spam. If you add this email address <u>omaramagazette@gmail.com</u> to your email contacts address 'book' the servers will know we are friends and not spam.

If you want to view previous issues click on 'view this email in your browser' at the top right of this page. Then click on 'past issues' at the top left of that page.

Omarama Gazette Editor: Ruth Grundy, 021 294 8002, 03 438 9766 Email: <u>omaramagazette@gmail.com</u>

http://omaramagazette.nz/



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